






HART RANSOM

LUNCH



FEBRUARY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 CHEESY BREADSTICKS WITH DIPPING SAUCE 32g SALAD 3g FRESH FRUIT 19g	2 SWEET & SOUR CHICKEN 8g RICE 18g BROCCOLI 9g CANNED FRUIT 11g BROWNIE 36g DAY	3 CHILI W/ MEAT 11g FRITOS CHIPS 11g CARROTS 9g FRESH FRUIT 19g
6 CHEESY BREADSTICKS WITH DIPPING SAUCE 32g SALAD 3g CANNED FRUIT 11g	7 CHICKEN FAJITAS 8g TORTILLAS 12g CARROTS 9g FRESH FRUIT 19g	8 PASTA W/ MEAT SAUCE 46g GREEN BEANS 5g BREAD STICK 31g CANNED FRUIT 11g COOKIE DAY 32g	9 TURKEY W/ GRAVY 21g MASHED POTATOES 17g ROLL 15g BROCCOLI 9g FRESH FRUIT 19g	10 HOT DOG ON BUN 22g BAKED BEANS 18g CANNED FRUIT 11g
13 HOLIDAY 	14 BEEF SOFT TACO 20g CORN 9g BROCCOLI 9g FRESH FRUIT 19g HOLIDAY COOKIE DAY 32g 	15 <i>BRUNCH FOR LUNCH*</i> FRENCH TOAST 31g *HAM SLICE 1g COUNTRY POTATOES 15g CANNED FRUIT 11g HOLIDAY ICEE DAY 15g	16 CHEESY BREADSTICKS WITH DIPPING SAUCE 32g SALAD 3g FRESH FRUIT 19g	17 PEANUT BUTTER & JELLY SAND- WICH 55g OR TUNA SANDWICH 30g OR DELI SANDWICH 35g FRESH FRUIT 19g
20 HOLIDAY	21 PEANUT BUTTER & JELLY SAND- WICH 55g OR BURRITO 52g FRESH FRUIT 19g	22 GRILLED CHEESE 32g GREEN BEANS 5g CANNED FRUIT 11g	23 CHICKEN NUGGETS 15g BISCUIT 26g CORN 9g FRESH FRUIT 19g	24 MAC-N-CHEESE 30g GREEN BEANS/CARROTS 9g FRESH FRUIT 19g BIRTHDAY CUPCAKE DAY 32g
27 CHEESY BREADSTICKS WITH DIPPING SAUCE 32g SALAD 3g GREEN BEANS 5g CANNED FRUIT 11g	28 CHICKEN SOFT TACO 20g TORTILLAS 12g CORN 9g FRESH FRUIT 19g	29 CHICKEN-A-LA-KING 15g NOODLES 41g GREEN BEANS 5g FRESH FRUIT 19g	LEAP YEAR! 	

SALAD CHOICES

MONDAY

CHEF'S SALAD 23g

TUESDAY

MANDARIN TERIYAKI GLAZE
CHICKEN SALAD 33g

WEDNESDAY

CHEF'S SALAD 23g

THURSDAY

MANDARIN TERIYAKI GLAZE
CHICKEN SALAD 33g

FRIDAY

TUNA SALAD 15g

**Deli (35g) & PBJ Sandwiches
Available Every Day**

**MENU SUBJECT TO CHANGE
*CONTAINS PORK
CARB COUNTS ARE APPROXIMATE**



**BILLY REID
SALIDA UNION SCHOOL DISTRICT
CHILD NUTRITION SERVICES DIRECTOR
209-545-1347**

This institution is an equal opportunity provider

BREAKFAST

1. Cereal or Cereal Bar or Pop Tarts or Granola and...
2. Sun Butter or Cheese or Yogurt and...
3. Fruit or Juice and...
4. Milk

OR A HOT SELECTION EACH DAY + Fruit and Milk

Mon.: Pizza * Tues: Biscuit & Sausage * Wed: Pizza * Thurs: French Toast * Fri: Pizza

